Recent Progress in Transition Metal Carbide Electrocatalysts for the Hydrogen Evolution Reaction

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Abstract
The hydrogen evolution reaction (HER), performing as the cathode reaction of electrochemical water splitting, is an important green energy producing process. An increasing interest in transition metal carbides (TMCs) applied in HER has been aroused owing to their similarity in electronic structure to platinum (Pt). In this review, we mainly introduced the recent progress of the elements in group VIB (W, Mo, Cr) and their carbides applied in hydrogen evolution reaction. The structure designs, the catalytic activities and the pH adaptations were primarily investigated and compared. It was promising to obtain a Pt-like catalytic activity and an extraordinary stability in a wide pH range with the transition metal carbide. We also looked forward to the challenges in designing novel TMCs for electrochemical HER catalysis.

Keywords: Electrocatalysts; Carbides; Hydrogen Evolution Reaction (HER).

1. Introduction
With the development of modern industry, the consumptions of fossil fuels, such as coal, petroleum and natural gas, have increased rapidly in recent years, which resulted in the serious energy crisis and environmental pollution. Great efforts have been made to deal with the aforementioned issues recently. The development of the renewable and clean energy resources such as solar energy, wind energy and hydrogen energy is an efficient route to alleviate the energy crisis and environmental pollution. Hydrogen, as a renewable and clean energy resource, has been attracting considerable attentions in recent years because of its high combustion value and environmental friendliness. At present, the hydrogen is industrially produced...
through the reforming of natural gas [1-5]. However, this hydrogen production process is closely relative to a large amount of fossil fuel consumption.

Therefore, the clean and non-fossil fuel strategies are urgent to be developed. The electrochemical hydrogen evolution reaction (HER) has been regarded as a most promising process for the hydrogen production in recent years. The reaction also is the cathode reaction (2H\textsuperscript{+} + 2e\textsuperscript{-} → H\textsubscript{2}) of the electrochemical water splitting process [6, 7]. This process only use water as the raw material and the productions are only H\textsubscript{2} and O\textsubscript{2} without any carbon emitting, which is extensively accessible worldwide. Moreover, the renewable and clean energy resources such as solar energy, wind energy and tidal can supply the electricity consumption for the HER [8].

Due to the complicated kinetics, the hydrogen evolution reaction process is not a one-step process [7, 9]. The mechanism of HER has been investigated for a long history and the whole process is universally accepted as a two-step course. The first step is “the Volmer reaction”, in which a free proton distributed in aqueous solution combines with an electron to form an adsorbed hydrogen atom on the cathode. The adsorbed proton acts as an intermediate product of hydrogen evolution.

\[ H^+ + e^{-} \rightarrow H(ads) \]  \hspace{1cm} (1)

The second step is proton desorption step, known as “the Heyrovsky reaction”, in which the adsorbed proton combines with another free proton to form a gas-phase hydrogen molecule and breaks away from the catalyst surface,

\[ H(ads) + H^+ + e^{-} \rightarrow H_2(g) \]  \hspace{1cm} (2)

or the Tafel recombination reaction, in which the adsorbed hydrogen atom recombines with another same atom to form a gas-phase hydrogen molecule and separates from the catalyst surface,

\[ H(ads) + H(ads) \rightarrow H_2(g) \]  \hspace{1cm} (3)

Generally, the electrochemical adsorption and desorption steps are competitive with each other, resulting in the sluggishness of the kinetics of HER. Each step mentioned above can be the rate controlling step because the performances of protons acting on the crystalline facets are different in various catalysts. When investigating the rate controlling step of the HER, the Tafel slope at the onset overpotential is commonly regarded as a judgment, which represents the slope in the plot of the applied overpotential vs. the log\textsubscript{10} of the current density. The Tafel slopes are 116 mV dec\textsuperscript{-1}, 40 mV dec\textsuperscript{-1}, 30 mV dec\textsuperscript{-1}, respectively, for the three steps mentioned above when each of them is the rate controlling step [1, 10]. The sluggish kinetics unavoidably leads to high Tafel slope and onset potential, which indicate a large electrical energy cost. Thus, a highly efficient catalyst to reduce the potential cost is becoming a subject urgent to be developed.

An eligible catalyst always shows a low Tafel slope and indicates the kinetic process is mainly controlled by the reaction (3). It also displays a low overpotential at a specific current density (always chosen as 10 mA cm\textsuperscript{-2}) on the cathode. At present, the catalysts for the HER can be separated into noble metal and non-noble metal catalysts. Noble metal catalysts, such as Pt, Pd and Ru, show excellent catalytic activities for the HER platinum. Among the noble metal catalysts, Pt-based catalyst has shown the lowest overpotential of ~40 mV at the current density of 10 mA cm\textsuperscript{-2} [11, 12]. However, the expensive price,
restricted reserve and low stability during the hydrogen evolution process hold back the development of this noble-metal catalyst [6]. Thus, due to the low cost and flexible structure, more and more attentions have been paid to the non-noble metal catalysts, among which non-noble metal oxides, carbides, sulfides and nitrides were continually synthesized to replace the platinum. However, the HER catalytic activities of non-noble metal catalysts still have a distance to catch up with the Pt. Great efforts have been made to improve the non-noble catalysts and there are still many undiscovered frontiers to explore.

In recent years, the transition metal carbides (TMCs) display extraordinary corrosion resistance, high physical and chemical stability, low cost and potentially high catalytic activity [1,13-18]. The TMCs have already been widely applied in the electrochemical catalysis, such as the electrocatalysts, noble metal catalysts’ carriers and battery electrodes [19]. Hence, TMCs have drawn a lot of interest in the field of HER catalysis. In the relevant researches, it is discovered that the group VIB elements (chromium (Cr), molybdenum (Mo) and tungsten (W)), and their derivatives show excellent catalytic activities towards HER. The TMCs are often regarded as typical interstitial alloys with metal and carbon atoms. It has been demonstrated by density functional theory (DFT) that the transition metals’ electronic structures are modified by carbon during the formation of carbides [20]. The adjusted electronic structures of the VIB group transition metal atoms resemble that of the noble metal Pt, thus, resulting in the similar catalytic activity for HER as Pt. A qualified VIB group TMC catalyst should display a specific crystalline structure, such as the hexagonal Cr$_7$C$_3$, the orthorhombic Mo$_2$C and the hexagonal WC or W$_2$C. The bulk pure transition metal carbide cannot efficiently exert its potential as a HER catalyst because of the small specific surface area and the low electron conductivity. Thus, a good TMC catalyst also requires new synthesizing methods to shrink its particle size, and also combining with appropriate conducting substrates, such as activated carbon, carbon nanotube (CNT) or graphene, to improve its performance in conducting electrons. Besides, the common TMC synthesizing method is CH$_4$/H$_2$ thermal reduction, which presents a potential safety hazard. Simple and riskless synthesizing methods are encouraged to be developed. There is a large research prospect to apply TMCs in the HER catalysis.

In this review, we aim to make a general overview of the recent progress made in applying TMCs in the HER of the water splitting process. The whole review is constructed as shown in FIG. 1, and the main literature review is separated into three parts: Chromium carbides, Molybdenum carbides and Tungsten carbides. Each part of the literatures review contains the representative arts and important advances in this field in recent years. The over-potential, Tafel slope and the experimental conditions are mainly investigated, and the novel methods to make the catalysts more efficient and stable are also described in the article. At last, the future developing trend is discussed to give a further train of thought in the application of TMCs as the electrocatalysts for HER.

FIG. 1. The main structure flow chart of the entire article.
2. Transition Metal Carbide Catalysts

During the formation of metal-carbon covalent bond, the interstitial atoms in the carbon atoms accept the electrons from metal atoms through charge transfer processes. The modified electronic structures of the metal atoms are believed in favor of decreasing the overpotential and the Tafel slope in the catalysis of HER. Group VIB metals include chromium, molybdenum and tungsten. The d-orbitals of these metal atoms are half-filled with electrons, revealing an outer electron configuration of nd\(^2\)(n+1)s\(^1\). When the five d-electrons hybridize with four outer electrons of carbon (2s\(^2\)2p\(^3\)), the d-orbitals of the metals are broadened and similar to platinum (5d\(^6\)6s\(^1\)) [20]. Thus, the carbides of Cr, Mo and W show the similar catalytic activities as Pt when applied in HER. The TMCs applied in HER have been reported frequently in recent studies. The development of this kind of materials is becoming more and more rapid with the advancement of material science. The synthesis methods are not only restricted in the single TMCs, but also extending to the composition with highly efficient catalytic materials, such as N-doped carbon [17], graphene [18] and nanoporous materials [19]. The specific progress of different transition metal carbides is introduced below.

2.1. Tungsten carbides

Due to W and Pt are both the sixth period elements, W carbides have been researched very frequently in HER catalysis aiming to replace Pt since 1930s [21]. The common forms of the W carbides include WC and W\(_2\)C, both showing a hexagonal crystallization. The W carbides not only have a similar band structure as Pt, but also display a good poison resistance to H\(_2\)S and CO [22]. Ham et al. [23] obtained high surface area W\(_2\)C via annealing ammonium metatungstate and resorcinol-formaldehyde, and applied it into HER catalysis. The lowest overpotential at the current density of 10 mA cm\(^{-2}\) reached 200 mV in 1 M H\(_2\)SO\(_4\) and the Tafel slope was 118 mV dec\(^{-1}\), which indicated the reaction followed a Volmer-Heyrovsky mechanism. They also loaded Pt onto the W\(_2\)C substrate and compared with other commercial catalysts. As shown in FIG. 2, the prepared spherical W\(_2\)C substrate own a diameter of 5 \(\mu\)m and the Pt could be clearly observed on the W\(_2\)C surface. As shown in TABLE 1, the prepared W\(_2\)C displayed an advantage over the commercial WC. The sample 7.5 wt% Pt loaded on W\(_2\)C shown a comparable catalytic activity to the Pt foil and the commercial 20 wt% Pt/C catalyst, which indicated the W\(_2\)C had a brilliant promoting effect to the Pt catalyst. Chen et al. [24] recently obtained WC\(_x\)C by a combustion-carbothermal reduction method and applied it into HER. The overpotential for driving a current density of 10 mA cm\(^{-2}\) in 0.5 M H\(_2\)SO\(_4\) was 264 mV and the Tafel slope was 85 mV dec\(^{-1}\). Garcia-Esparza et al. [25] synthesized WC via carbonization with mesoporous graphitic C\(_3\)N\(_4\). When it was applied in HER, the overpotential at 10 mA cm\(^{-2}\) reached 125 mV, and the Tafel slope was 84 mV dec\(^{-1}\).

Tungsten carbides are not only applied as the electrocatalysts, but also the supports and promoters in order to reduce the whole cost when employing noble metal catalysts [12,26]. Ma et al. [27] synthesized a WC-supported Pt composite material (Pt/WC) by an impregnation method. It has been demonstrated the existence of WC could be a qualified Pt support. The catalytic activity can be comparable to pure Pt catalyst in 0.5 M H\(_2\)SO\(_4\) and reduce the cost efficiently. Esposito et al. [28] took advantage of density functional theory (DFT) to calculate the hydrogen binding energy (HBE) of Pt/WC. It was concluded that the chemical property of Pt loaded on the substrate WC was very similar to bulk Pt in 0.5 M H\(_2\)SO\(_4\), and showed Pt-like catalytic activity in HER. Pt was loaded on WC hollow microspheres by Tang et al. [29]. The WC hollow microspheres provide special 3-dimentional structure with large specific surface area, efficiently increasing the amount of the Pt catalytic site. The overpotential at 10 mA cm\(^{-2}\) was 80 mV and the Tafel slope was 73 mV dec\(^{-1}\) in 0.5 M H\(_2\)SO\(_4\).
FIG. 2. The (a) SEM and (b) TEM images of the Pt-loaded W₂C.

TABLE 1. Electrocatalytic properties of tungsten-based catalysts towards hydrogen evolution reaction.

<table>
<thead>
<tr>
<th>Properties</th>
<th>WC (Commercial)</th>
<th>W₂C microsphere</th>
<th>Pt Foil</th>
<th>7.5 wt% Pt/W₂C</th>
<th>20 wt% Pt/C E-Tek</th>
</tr>
</thead>
<tbody>
<tr>
<td>Capacitance (F/g)</td>
<td>2.67 × 10⁻³</td>
<td>118</td>
<td>-</td>
<td>147</td>
<td>-531</td>
</tr>
<tr>
<td>Onset potential (mV)</td>
<td>-100</td>
<td>0</td>
<td>-4</td>
<td>-5</td>
<td>-4</td>
</tr>
<tr>
<td>Tafel slope (mV/dec)</td>
<td>-73</td>
<td>-118</td>
<td>-108</td>
<td>-103</td>
<td>-124</td>
</tr>
<tr>
<td>iₒ (×10⁻⁷ mA/cm²)</td>
<td>0.18</td>
<td>2.81</td>
<td>18.8</td>
<td>20.8</td>
<td>15.4</td>
</tr>
<tr>
<td>Specific activity at-0.1 V (mA/cm²)</td>
<td>0.09</td>
<td>1.6</td>
<td>14.4</td>
<td>15.8</td>
<td>11.9</td>
</tr>
<tr>
<td>Specific activity at-0.3 V (mA/cm²)</td>
<td>9.3</td>
<td>23</td>
<td>109</td>
<td>101</td>
<td>55</td>
</tr>
<tr>
<td>Mass activity at-0.1 V (mA/mgPt)</td>
<td>-</td>
<td>-</td>
<td>0.12</td>
<td>74.5</td>
<td>32.4</td>
</tr>
<tr>
<td>Mass activity at-0.3 V (mA/mgPt)</td>
<td>-</td>
<td>-</td>
<td>0.91</td>
<td>476</td>
<td>150</td>
</tr>
</tbody>
</table>

Although tungsten carbides are Pt-like catalysts and adequate support for Pt in acidic electrolyte for HER, there are few literatures reporting their applications in basic electrolyte. It is believed that WC can be partially oxidized into WO₃ in the aqueous solution. Although WO₃ is also a good catalytic site for HER, its dissociation rate strongly depends on solution pH. WO₃ dissociates at high pH, and keeps stable at low pH [30,31]. Consequently, the tungsten carbides show a weak stability in basic conditions, which is not helpful to extensively employment for all kinds of water splitting conditions. Thus, there are still challenges to ensure tungsten carbides suitable for a wide pH range.

2.2 Molybdenum carbides

Molybdenum is a kind of transition metal with various valence states, among which +2, +4 and +6 states are commonly observed. Hence, Mo carbides exist in many forms, such as Mo₂C, MoC and Mo₃C₂. Molybdenum carbides have been widely used in a variety of catalytic reactions owing to their stable chemical properties, such as industrial desulfurization, water-gas shift reaction, and hydrogenation [1]. The commercial Mo₂C and its performance in HER catalysis have been studied by
Vrubel et al. [32]. The overpotentials at 10 mA cm\(^{-2}\) were 210 mV and 190 mV at pH 0 and 14, respectively. Their work demonstrated that the commercial Mo\(_2\)C owned a good stability in both acidic and basic electrolytes, which was a shortcoming in terms of Pt and WC.

![Graph showing polarization curves and Tafel plots](image)

**FIG. 3.** (a) Polarization curves of bulk Mo\(_2\)C, MoC-G, Mo\(_2\)C-G, Pt/C and graphene, (b) Tafel plots obtained from the polarization curves of various catalysts.

Although molybdenum carbides fit a wide pH range for HER catalysis, the catalytic activities cannot catch up with that of Pt or WC due to the difficulty to make their sizes small. The specific surface area (directly controlling the active sites distribution in catalyst) will be suppressed by large particle size. Many efforts have been made to shrink the molybdenum carbide particles, such as CH\(_4\)-H\(_2\) mix reduction [33], chemical vapor deposition (CVD) [34], sol-gel method [35,36], microwave-assisted thermolytic method [37] and pyrolysis based of other nanoparticle substrates [38-42]. He et al. [39] synthesized MoC/Mo\(_2\)C supported on graphene sheets and applied it into HER catalysis in acidic electrolyte as shown in FIG. 3, the overpotential at 10 mA cm\(^{-2}\) reached 160 mV and the Tafel slope was 57 mV dec\(^{-1}\). It was believed that the extraordinary catalytic activity was attributed to the large number of active sites and the fast available electron transfer capabilities offered by the nanoscale graphene. Wu et al. [43] opened up a new thought by synthesizing molybdenum carbides from a MOF substrate, and obtained an admirable catalytic activity. This technique efficiently solved the problem that Mo\(_2\)C owned small specific surface area. As shown in FIG. 4, the HKUST-1 was directly used as the carbon source and the reduced metal Cu was washed out with FeCl\(_3\) solution, resulting in porous Mo carbide nanoparticles. The overpotentials at 10 mA cm\(^{-2}\) were 142 mV and 151 mV in pH 0 and 14 electrolytes, respectively, and the Tafel slopes were 53 mV dec\(^{-1}\) and 59 mV dec\(^{-1}\). This new train of thought brought about many relevant researches of synthesizing Mo carbides from MOFs [38,44,45]. Beside the bulk Mo carbides and their composite derivatives, many researches turned attentions to bimetallic carbides due to the polyvalency of molybdenum [46]. Zhao et al. [47] synthesized Co\(_3\)Mo\(_2\)C via carbonization with hexamethylenetetramine (HMT) and decorated with carbon nanotube. The catalytic performance in HER achieved a promotion than bulk Mo carbides. The overpotential at 10 mA cm\(^{-2}\) reached 125 mV at pH 7, and the Tafel slope was 250 mV dec\(^{-1}\).

### 2.3 Chromium carbides

Chromium is the first element in group VIB, owning polyvalency and an active chemical property. The metal Cr can be easily oxidized when exposing to air or water during the hydrogen evolution process, and forms a compact Cr\(_2\)O\(_3\) layer.
covering the surface of Cr. However, chromium can be highly efficient towards HER catalysis when it forms Cr carbides, such as CrC, Cr$_3$C$_2$, Cr$_7$C$_3$ and Cr$_{23}$C$_6$, among which the hexagonal Cr$_7$C$_3$ displays an extraordinary catalytic activity. Tsirlina et al. [48] revealed that Cr$_7$C$_3$ could achieve an overpotential of 180 mV at 10 mA cm$^{-2}$, and the Tafel slope was 60 mV dec$^{-1}$.

Regmi et al. [49] synthesized Cr$_3$C$_2$ by introducing a salt mixture on the carbon nanotubes sub-states to help crystallization. As shown in FIG. 5, the synthesized Cr$_3$C$_2$ displayed a tubular network structure with the diameter of the tubes larger than common carbon nanotubes. Pt was loaded onto the Cr$_3$C$_2$ and other TMCs to form composite catalysts, and the overpotential of Pt/Cr$_3$C$_2$ at 10 mA cm$^{-2}$ in pH 1 was 120 mV. According to FIG. 6, Pt/Cr$_3$C$_2$ displayed a remarkable increase in catalytic activity when compared with Pt/C, which demonstrated the Cr carbide was an appropriate Pt promoter when catalyzing HER.

Tomás-García et al. [50] obtained a relatively thick carburized layer of two main carbides Cr$_3$C$_2$ and Cr$_7$C$_3$ by reducing chromium oxide with CH$_4$/H$_2$ at 800°C. The overpotential at 10 mA cm$^{-2}$ was about 130 mV, and the Tafel slope was 76 mV dec$^{-1}$. In their work, W and Mo carbides were also synthesized as a comparison. It was found that the catalytic activities presented an order from high to low: W, Cr, Mo, which indicated the chromium carbides possessed a potential to perform better than molybdenum carbides in HER catalysis. Nevertheless, Cr is not a popular element to constitute a catalyst for HER because of its poisoning property to the environment. That is also the reason for the lack of relevant reports about Cr carbides applied in HER catalysis. If the problems of stability and recycling are settled, Cr carbides are believed to be promising catalysts for the electrochemical HER.
3. Conclusion and Future Outlook

The performances of transition metals W, Mo and Cr carbides in catalyzing hydrogen evolution reaction still have a distance towards Pt-based catalyst. Great efforts have been made to shrink the distance in order to realize the replacement of Pt. The TMCs not only can be directly applied as the HER catalysts, but also can act as the Pt-promoters to reduce the material cost as concluded in FIG. 7 [12,25,29,49,50], the catalytic activities of the pure TMCs follow the order from high to low: W, Cr, Mo. However, when loading Pt, the Mo carbide displays a better catalytic activity than Cr. In consequence, tungsten carbides display the best among these materials but they are lack of stability in the environment at high pH. Novel synthesis methods are waiting for exploration to make W carbides stable in a wide pH range. Molybdenum carbides show a wide suitable pH range when applied in HER catalysis, but the problem of large particle size remains to be solved. To deal with this problem, many feasible methods reported recently could lead Mo carbides to a vast potential for future development. Although chromium carbides are commendable HER catalysts, there is lack of relevant researches due to the poisoning property of Cr. More efforts should be made to explore highly efficient TMCs-based catalyst for HER.
Owing to the special outer electron structures of the VIB group transition metal carbides, they show significant potentials to replace noble metal catalysts such as Pt on the catalysis in HER. However, because of the disadvantages of three TMCs mentioned above, the target catalysts should be designed to own wide pH adaptation, small particle size and low poisonousness, simultaneously. Thus, other synthesizing methods are encouraged to replace the common thermal reduction, such as sol-gel, CVD and electric arc methods. Besides, the catalyst’s structure analysis shouldn’t be restricted in X-ray diffraction, X-ray photoelectron spectroscopy or Raman spectra. More advanced characterizations are supposed to be carried out, such as in-situ analysis and synchrotron radiation. More in-depth theoretical researches are encouraged to be combined to simulate the catalytic mechanism, such as DFT and kinetic Monte Carlo (KMC) modeling. It should be noted that most of the relative works on TMCs carbides applied in HER focus on simplex pH conditions, such as only pH=0 or 14. It will be helpful to investigate the suitability for a wide pH range, which will play a key role in the development of the whole water splitting technology.

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