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Biochemical composition of the Caspian Sea red macroalga, Laurencia

caspica

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Abstract

Laurencia caspica, a marine macroalga species were analyzed to determine its proximate chemical composition. The investigated species demonstrated high carbohydrate ($25.5A \pm 0.20$ % dry wt.) protein ($22.22A \pm 0.4$ % dry wt.), Ash ($26.82A \pm 0.31$ % dry wt.) and moisture components ($12.00A \pm 0.23$ % dry wt.) and low lipid content ($0.03A \pm 0.05$ % dry wt.). Glutamic acid ($192.24A \pm 1.4$ mg 100g-1 dry wt.) and Aspartic acid ($160.77A \pm 1.1$ mg 100g-1 dry wt.) were the most abundant free amino acids, while Histidine ($21.15A \pm 0.1$ mg 100g-1 dry wt.) and Glycine ($29.99A \pm 0.3$ mg 100g-1 dry wt.) contents were the lowest in the free amino-acid profiles. All essential amino acids were detected in the species tested. Unsaturated fatty acid constituted about 64% of total fatty acids, mainly 8-Octadecenoic acid and saturated fatty acids represented 36% of the total fatty acids (mainly myristic acid). This study was conducted to create a nutritional data for Laurencia caspica in order to popularize its consumption and utilization in the southern coasts of the Caspian Sea.