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Aflatoxin contamination of medicine plant powders sold in Sokoto metropolis

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ABSTRACT

This Study was conducted to determine the mycotoxigenic and aflatoxin contamination of traditional medicinal plants powder in Sokoto metropolis. Total aflatoxin was determined using AgraQuant Total Aflatoxin kit and the mycotoxigenic flora was determined using standard methods. The fungal species identified were *Aspergillus niger*, *Aspergillus flavus* and *Rhizopus oryzae*. Analysis of total aflatoxin concentration in the medicinal plants powder in Sokoto revealed that all the samples were contaminated with aflatoxin with the highest concentration being 187 ppb and the least was 14.5 ppb. Results from this study revealed that traditional powdered medicine are the study area are contaminated with fugal species which exposes consumers to the probable toxic metabolites produced by these fungi. © 2013 Trade Science Inc. - INDIA

KEYWORDS

Aflatoxin;
Aspergillus spp;
Medicinal plants.

INTRODUCTION

From ancient time up to today, Plants are being used worldwide as a traditional medicine in prevention, treatment and cure of disorders, diseases and other home remedies in a variety of healthcare. World Health Organization (WHO) survey report indicates that about 70-80% of the world population particularly in the developing countries rely on non-conventional medicines mainly of herbal sources in their primary health care^[4].

The increasing popularity of natural drugs made their use a Public Health problem due to the lack of effective surveillance of the use, efficacy, toxicity and quality of these natural products. The premise that traditional use of these medicinal products for generations establishes their safety does not necessarily attest to their safety

and efficacy. Indeed, the adverse effects of long-term herbal use, adulteration with toxic compounds and contamination by pathogenic microbials or natural toxins like mycotoxins have been reported for herbal products and medicinal plants^[1].

The term "mycotoxin" refers to all toxins produced by various types of fungi when they grow on agricultural products before or after harvest or during transportation or storage^[65]. Mycotoxins have been reported to be carcinogenic, teratogenic, tremorogenic, haemorrhagic, and dermatitic to a wide range of organisms and to cause hepatic carcinoma in man^[41]. Aflatoxins are the most common and toxic mycotoxins produced by filamentous fungi *Aspergillus*, particularly *A. flavus* and *A. parasiticus* and there are four naturally occurring AFs, designated B1, B2, G1 and G2 with

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AFB1^[41].

The concern over quality of these products is mainly due to their potential contamination, considering their natural origin. Practices used in harvesting, handling, storage, production and distribution make medicinal plants subject to contamination by various fungi, which may be responsible for spoilage and production of mycotoxins. In spite of the extensive research on the occurrence of mycotoxins in foods, there are some reports available on the incidence of toxigenic mycoflora and mycotoxins in medicinal plants and phytotherapeutic compounds worldwide^[1].

Due to the little information on the toxigenic moulds and their ability to produce mycotoxins in medicinal plants in the study area, the objectives of the present study were to evaluate the predominant mycoflora isolated from indigenous medicinal formulations and their ability to produce aflatoxins.

MATERIALS AND METHODS

Sample collection

Thirty samples of powdered medicinal plants were collected from different sellers within Sokoto metropolis. Each sample was put in a sterile polyethylene bag, sealed and transferred to the mycology research laboratory for analysis.

Fungal isolation

On each of the dried Sabouraud Dextrose Agar plates to which penicillin and streptomycin had been incorporated were inoculated in the processed samples using sterile forceps. The inoculated plates were incubated at 25 °C for 5 days. All observed colonies were subcultured to obtain pure cultures^[18].

Fungal identification

The growth rate, colour, texture, colonial morphology and diffusible pigmentation of each sample were

examined macroscopically. Microscopic features such as spore and hyphae morphology were observed and compared with the standard colour atlas as described by Ochei and Kolhatkar (2000).

Sample preparation/extraction

One hundred grams each of traditional medicinal plant was sieved using 20 microlitre-meshes. Twenty grams of the sample was weighed into clean bottles and 100 ml of Acetonitrile/water extraction solution was added and the bottles were sealed tightly. It was shaken vigorously for 3 minutes and allowed to settle. The top layer of extract was filtered using Whatman No 1 filter paper and the filtrate collected, cleaned with a mycoses 112 column and 1 ml used for total aflatoxin analysis.

Total aflatoxin analysis

The AgraQuant Total Aflatoxin kits were used for total aflatoxin assay. The AgraQuant Total Aflatoxin assay is direct competitive enzyme-linked immunosorbent assay (ELISA). ELISA is a serological assay in which bound antigen or antibody is detected by an antibody that is conjugated to an enzyme. The enzyme converts a colourless substrate to a coloured product reporting the antibody capture of the antigen.

RESULTS

Mycotoxigenic fungi associated with traditional powdered medicine consumed in Sokoto metropolis was isolated, identified and the results presented in TABLE 1. From the result, the mycotoxigenic flora of the traditional powdered medicine consumed in Sokoto metropolis was identified as *Aspergillus niger*, *Aspergillus flavus* and *Rhizopus oryzae*.

Aspergillus niger and *Aspergillus flavus* were the most frequently isolated (TABLE 2), from which *Aspergillus niger* has the highest frequency of 53.3% and *Rhizopus oryzae* with the least frequency of 20%.

TABLE 1: Result of colonial (macroscopic) and microscopic identification of isolates

Aflatoxins	Morphological characteristics	Occurance in the samples
<i>Aspergillus niger</i>	Black large and powdery colonies	Maganin sanyi 1, Maganin sanyi 2, Maganin shawara 1, Maganin shawara 2, Maganin kunne, Maganin mara, Maganin gaba, Maganin iska.
<i>Aspergillus flavus</i>	Light green and powdery colonies	Maganin zafi, Maganin daji, Maganin dankanoma, Maganin kashi, Taura, Maganin Ciwon kai, 'Ya 'yan kalgo, Maganin daji.
<i>Rhizopus oryzae</i>	Pigmented rhizoids, sporangiophores and numerous stolons	Maganin atuni, Maganin ciwon kai (madacci), Maganin ciwon hannu, Maganin atuni, Gawo, Maganin dankanoma.

Analysis of the total aflatoxin content of traditional powdered medicine consumed in Sokoto was conducted (TABLE 3). From the result, all the samples consumed in Sokoto are contaminated with aflatoxin and "Maganin ciwon mara" had the highest total aflatoxin concentration range of 187 ppb while "Maganin

TABLE 2 : Result showing the overall frequency of the Aflatoxins found in the various samples of the traditional powdered medicine

Aflatoxins	Frequency (%)
<i>Aspergillus niger</i>	53.3
<i>Aspergillus flavus</i>	26.7
<i>Rhizopus oryzae</i>	20

TABLE 3 : Total Aflatoxin concentration of traditional powdered medicine collected from different sellers within Sokoto Metropolis

Sample	Total aflatoxin (ppb)
"Maganin Sanyi 1"	35.7
"Maganin Sanyi 2"	86.8
"Maganin Shawara 1"	68.7
"Maganin Shawara 2"	80.4
"Maganin Zafi"	18.45
"Maganin Atuni"	19.22
"Maganin Ciwon ciki (Madacci)"	185.6
"Maganin Ciwon kunne (rinin samri)"	16.8
"Maganin Ciwon daji"	35.8
"Maganin Ciwon mara"	187
"Maganin Ciwon dankanoma"	89
"Maganin Ciwon hannu (tsamiya)"	67.6
"Maganin Ciwon gaba (madacci)"	14.5
"Maganin Ciwon kashi"	46.6

ciwon gaba (madacci)" had the least total aflatoxin concentration with a range of 14.5 ppb.

DISCUSSION

This study revealed that traditional powdered medicine consumed in Sokoto harbours the toxigenic fungi *A. flavus*. *A. flavus* produces the carcinogenic mycotoxin, aflatoxin which often contaminates foods such as nuts. The exposure of these powdered medicinal plants to the ubiquitous fungi during processing and their spores in the air and the aerobic condition of the atmosphere in the market would ordinarily encourage more fungal growth. The presence of these fungi is an indication that the medicinal plant that are intended for human

consumption in Sokoto are of low quality and could constitute public health hazard to the Sokoto populace. The degree of pathogenicity of fungi is based on immune state of individual. When immunosuppressed individual consume food that is contaminated with these pathogenic fungi such person may come down with mycotic diseases. *Aspergillus* species have been the cause of a vital disease in man called Aspergillosis. Aspergillosis may be in form of allergy due to inhalation of the conidia as in asthmatic patient that is developing IgE antibody to the surface antigen, in others it may colonize the bronchial tree. Invasive Aspergillosis do occur following ingestion of the conidia. Invasive disease develops as an acute pneumonia process. Individual with leukaemia, lymphoma is at high risk. *Aspergillus* species are also capable of causing disease in poultry especially in chicks, if they are being fed with *Aspergillus* contaminated feeds. *Rhizopus stolonifer* is one of the most predominant fungi that can be found on contaminated food substances and it is one of the major causes of food spoilage. It has not been reported to cause disease in man but it cause moldiness and ropiness of food substances. *Aspergillus niger* was found to have the highest frequency. The rare infections caused by *aspergillus* include pneumonia and fungus ball. The total aflatoxin analysis revealed that all the samples are contaminated. 'Maganin ciwon mara' has the highest concentration of total aflatoxin of 187 ppb while 'maganin ciwon gaba' has the lowest concentration of total aflatoxin of 14.5 ppb. Those who consume these powdered medicine are prone the fatal disease conditions due to the presence of aflatoxin. Since traditional powdered medicine is highly consumed in Sokoto, the result is important in enacting laws, creating awareness, and improving the standard of these powdered medicines.

CONCLUSION

The study found that powdered medicinal plants sold in Sokoto metropolis are contaminated with *Aspergillus niger* (53.3%), *Aspergillus flavus* (26.7%) and *Rhizopus oryzae* (20%). All the samples were contaminated with aflatoxin with "Maganin ciwon mara" has the highest concentration of total aflatoxin of 187 ppb while "Maganin ciwon gaba" has the lowest concentration of total aflatoxin of 14.5 ppb in the sample.

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The result of the study could be useful in developing and establishing public health standards and in creating awareness on the consumption of traditional powdered medicine.

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